



Women Scientists and Entrepreneurs Conclave- IISF 2020 Virtual competitions

“Aatmanirbhar Bharat Abhiyaan -Vocal for Local”

Preparation of Traditional Nutritional Recipe-Poster/ Video Competition

Opportunity to show your expertise and talent in novel innovative recipes beneficial for the society as “vocal for local”

Target Participants-Open to All women

Prizes- 1st Rs. 5000/-, 2nd Rs.3000/-, 3rd Rs. 2000/- for each competition

Last date of submission-14th December 2020

Terms for e- poster-

- E-Poster -Size: A3 (29.7cm x 42cm) , Maximum file size required is 4 Megabytes (4MB)
- You may use any free or paid poster making template/ format/application but finally convert into PDF format for uploading
- Theme [title of poster] should be written at the top centre of the sheet in bold capital letters
- Poster with Photographs and Write up about the procedure along with traditional influence.

Terms for Video

- It should be in MP4format
- It should not exceed 3 minutes in duration. File size – maximum 300 MB
- Short explanation is expected about the theme in Hindi or English

Special guideline-Name of the recipe (state name can be mentioned e.g..Maharashtra), only vegetarian Time of preparation, List of Ingredients, Method of preparation, Nutritional benefits for women, Photo of the recipe in the poster itself .

General Rules and regulations for poster and video

- Participants must be Indian citizens
- Language of presentation is Hindi or English
- Name of the Participant or identifying mark must not appear on the Video.
- Decision of the panel of judges would be final
- Only one entry for one competition.
- The organizers will not be responsible for any incomplete, illegible, corrupted video/ poster or which fail to reach by last date of submission for any reason.

JUDGEMENT CRITERIA

Relevance of theme Originality Presentation Cost effectivity
Nutritional benefits to women health
Acceptability by all age groups and regions of India

Mandatory to Participant:

Registration at

<https://www.scienceindiafest.org/#/home>:

Kindly fill the following Google form also:

<https://docs.google.com/forms/d/e/1FAIpQLSfzj7Xm-X0hZqxbk3zGKo3UvBQiniDDfWdipEhZVVwRYrOS5g/viewform>

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